For guidance on managing construction health risks go to
www.hse.gov.uk/construction

WORK AREA

1. Make sure that the area is clear and safe and that no one is near to you or could distract you.
2. Protect other people from the risk associated with the task. Warn others to keep away, place barriers and signs around your work area.
3. Consideration must be given to the working surfaces, i.e. flat, level and able to support the load of the person, tools and equipment.
4. Isolate any potential risk from services, such as electricity gas and water etc.

WHEN WORKING AT HEIGHT – SAFETY FACTORS

1. Consideration should be given to the hazard form the task. Can it be avoided; i.e. could the product being fitted be purchased ready painted as opposed to being painted when in place at height?
2. Can you control any risk form the task by considering factors such as size, space, location etc?
3. Ensure that the equipment you use is suitable for the task. If used, ladders should always be secured if possible. They should be primarily used for access and only be used as workplaces to do light work of short duration.
4. Exercise particular care whilst moving or dismantling the equipment you are using.
5. When selecting the appropriate means of access consider the task, conditions, competence required and plans for emergency situations.
6. Ensure that, where appropriate, guardrails and toe-boards are in position.

Keep this leaflet in a safe place as it may need to be referred to again.

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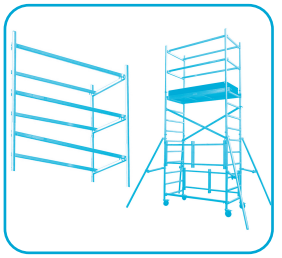
Safety Guidance

v:062017

Temporary Working at Height

The rules and procedures in force where people are at work may require the person responsible for this equipment to carry out a specific risk assessment.

It is important to read this entire leaflet before working at height



1. Working at height requires careful consideration. Plan your task and think ahead to make sure that you will always be working safely.
2. You should consider the following items of personal protective equipment, which may be necessary: Boots or protective footwear; Gloves; Goggles; Respiratory Protection; Fall Protection Equipment (where appropriate).
3. Tasks involving working at height must not be performed by minors, or by anyone under the influence of drugs or alcohol.
4. Whilst working at height do not leave any equipment unattended at any time.

BEFORE STARTING WORK

1. Ensure that a safe route is available for getting both to and from the task.
2. Check the suitability and condition of any equipment you may be using.
3. Follow the instructions provided with the equipment being used.
4. If training is required before using the equipment, such as Mobile Access Towers, obtain details from a recognised training provider.
5. Temporary Working Platforms should be selected to ensure that protection is provided by means of guardrails and toe-boards and that they are suitable for the task.
6. Fall Protection equipment, such as a Harness and Lanyard is a final option. This should not be considered as a preventative safety measure.

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